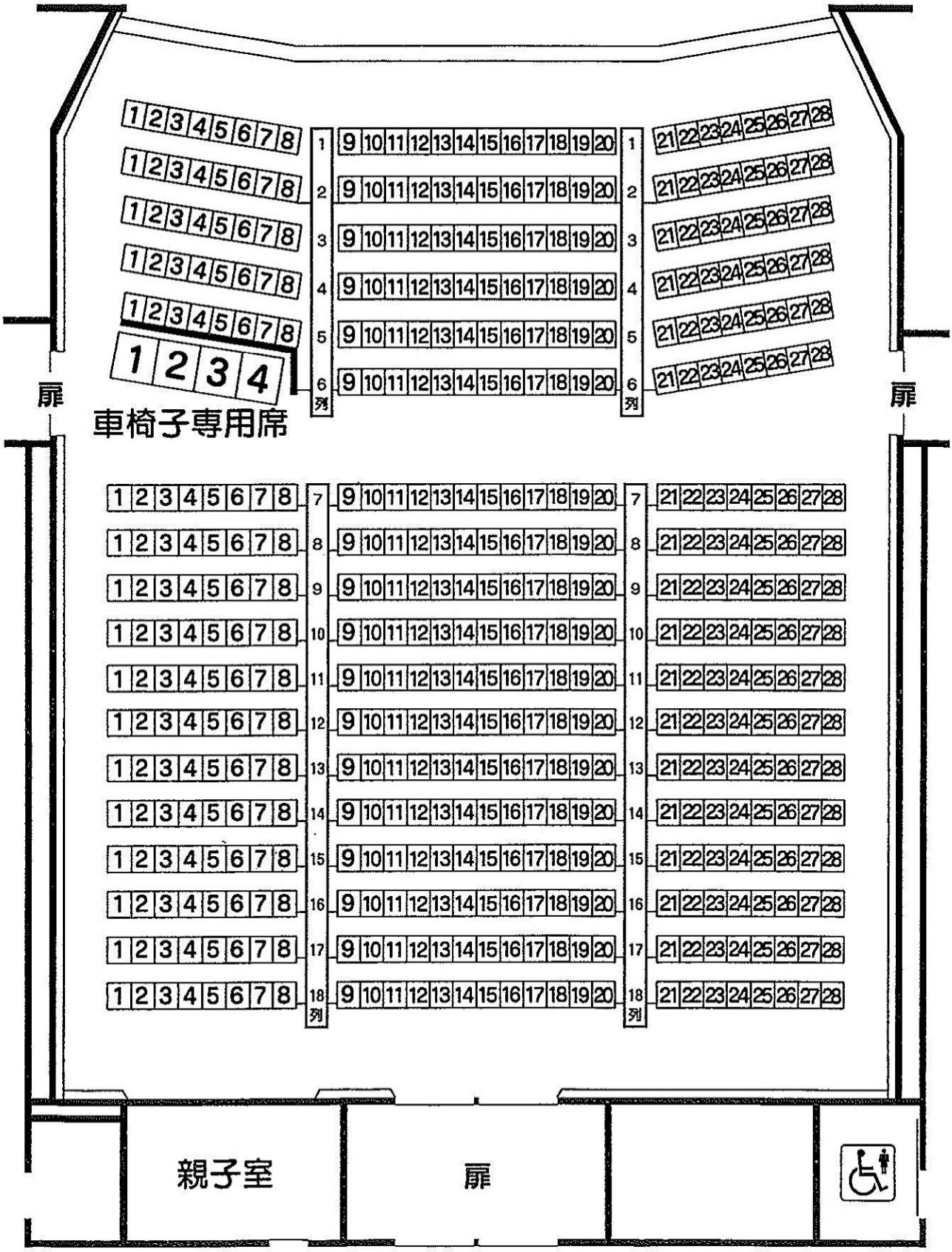ステージ